

**MODEL  
COURSE  
7.11**

**BASIC TRAINING FOR  
SHIPS OPERATING IN  
POLAR WATERS**

**2017 EDITION**

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# Contents

	Page
<b>Introduction</b>	1
Purpose of the model courses	1
Use of the model course	1
Lesson plans	1
Presentation	2
Course framework	2
Implementation	2
<b>Part A: Course Framework</b>	3
Scope	3
Definition	3
Objective	5
Entry standards	5
Course certification, diploma or document	5
Course intake limitations	5
Staff requirements	5
Teaching facilities and equipment	6
Teaching aids (A)	6
IMO references (R)	6
Textbooks (T)	7
Bibliography (B)	8
Video (V)	8
<b>Part B: Course Outline and Timetable</b>	9
<b>Part C: Detailed Teaching Syllabus</b>	12
<b>Part D: Instructor Manual</b>	47
<b>Part E: Evaluation and Assessment</b>	57
Evaluation of competence	57
Multiple choice questions	57
Compiling tests	58
Quality of test items	58
Advantages and disadvantages of oral and practical tests	58
<b>Guidance on the implementation of IMO model courses</b>	59